



The Mum s Guide to Having Your Baby in Ireland

By Lucy Taylor

Gill Macmillan Ltd, Ireland, 2010. Paperback. Book Condition: New. 234 x 156 mm. Language: N/A. Brand New Book. I wish I had had this resource when I had my own children. It strikes just the right balance between reassurance and crisp information and readers will feel comforted and supported through the experience. Alison Walsh, author of *In My Mother s Shoes* If you ve never had a baby before you might be forgiven for finding the way the medical system works in Ireland today a little complicated - in fact it can be a minefield for the uninitiated. Ignorance is definitely not bliss when it comes to pregnancy and childbirth. With detailed chapters on getting pregnant, the different types of care available, the nine months of pregnancy, the specifics of giving birth in Irish hospitals, and what to expect in the first few weeks, this book, written from a mum s perspective, is a comprehensive guide to the maternity experience in Ireland. Throughout the book, real women give accounts of their experiences, providing the reader with a genuine overview of the Irish system.

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