



A Handbook of Scotland s Wild Harvests: The Essential Guide to Edible Species with Recipes Plants for Natural Remedies, and Materials to Gather for Fuel, Gardening Craft (Paperback)

By -

Saraband, United Kingdom, 2015. Paperback. Condition: New. Revised edition. Language: English . Brand New Book. This inspirational guide is bursting with invaluable know-how on Scotland s wild harvest, covering what, where, when and how you can use your bounty in sustainable ways - from the most useful and widespread of species to the less well-known, and from leaves and berries to saps, seeds, seaweeds, mosses and wood. Learn how to begin or extend a repertoire of wild foods and materials that can be used as dyes, remedies and around the home.



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