



My Holy Hour - St. Thomas Aquinas: A Devotional Prayer Journal (Paperback)

By Vikk Simmons, Holy Hour Books

Holy Hour Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.St. Thomas Aquinas is a great saint and theologian held in high regard by many. For him, The Eucharist is the consummation of the whole spiritual life. It is he who said, O how unspeakable is this Sacrament which sets our affections ablaze with charity. . It is the fulfillment of Christ s Mystical Body. How about you? Have you spent some time in adoration lately? A Holy Hour Journal can help make that sacred time well-spent whether it is before the Blessed Sacrament or in private devotion at home. Are you at peace or is life out of control? Are you overwhelmed with the onslaught of daily life? Do you yearn for peace but feel it s impossible to find? A Holy Hour is the perfect answer and a Holy Hour journal is the perfect companion. Holy Hours help you grow spiritually and deepen your relationship with God. You ll find you re able to focus more on God, adore Jesus, and open up to the Holy Spirit. Holy Hour devotional journals are great companions during times of prayer and meditation. Today...



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