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By Fuste Marti, Mònica

OBELISCO EDICIONES, 2013. Condition: Nuevo. Acelera tu ruta al éxito con un innovador método de coaching de alto impacto ¿Quieres superarte y llevar tu vida a un plano más elevado? Te gustaría ser la mejor versión de ti mismo y estar libre de miedos? Deseas liberarte de tus bloqueos y acelerar tu ruta hacia el éxito? Con un lenguaje directo, claro y motivador, Mònica Fusté y su método de SuperAcción te conducirán a un nuevo estado. Este manual práctico de self-coaching, cuyos consejos y recomendaciones han seguido ya numerosos clientes de la autora, te ayudará a reprogramar la mente para mejorar tu vida en todas sus facetas. Si sigues los cuatro pasos del método -visión, inspiración, reinención e impacto en acción-, aprenderás a creer en ti, liberarás tu potencial creativo y transformarás tus bloqueos en oportunidades. En esta obra encontrarás recursos, actividades, casos reales, cuestiones impactantes, estrategias, visualizaciones, reflexiones, etc., todo un contenido que activará la confianza que necesitas para lograr todo lo que te propongas. Haz un salto cuántico en tu vida. Sé el protagonista activo de tu propia reinención hacia el éxito. "Mònica es una mujer de gran talento y te aseguro que sabe e lo que habla porque continuamente...

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