

## Spiritual Bypassing: When Spirituality Disconnects Us from What Really Matters



When Spirituality Disconnects Us  
from What Really Matters

LEARNING TO RECOGNIZE AND TRANSFORM THE  
OBSTACLES THAT KEEP US FROM LIVING LIFE FULLY

ROBERT AUSTERLITZ MASTEL, PH.D.

"This is a remarkable synthesis of experiential and... [this] makes the book a gem!"  
—KYLE WICKS, author of *The Power of Now*



### Book Review

Unquestionably, this is the very best operate by any author. it had been writtern extremely flawlessly and beneficial. You can expect to like the way the blogger publish this publication.

**(America Gleason)**

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