



You Are Not Alone

By Nadja

Nadja, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.This book was written to catch the attention of people who live in the dark world of fear and depression, and for those who are so distraught that they are considering suicide as a possibility. After living in darkness for many years, Nadja was able to find her way out and today lives mainly in joy and in the present moment. She wants to help those lost souls like she was discover their authentic self so they can transition from a black and gray world into one dancing with vibrant color. This book encourages the readers to move from being the passive effect of circumstances into becoming creators of their own fulfilling lives. Reading You Are Not Alone is like having an intimate conversation with a friend who truly knows you and what you are going through. It will rekindle hope in those of any age who have given up and coax them back into Life to become all they were born to be. When those in despair open the pages of this book they will recognize themselves....



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Reviews

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-- **Dr. Jillian Champlin IV**

Complete guide! Its such a great study. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Dr. Hermann Marvin PhD**