

3 in 1 Cookbooks: Meal Prep, Crockpot, Vegan (Paperback)

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Reviews

Absolutely among the best publication I have got at any time go through. It really is writter in straightforward phrases rather than hard to understand. Its been designed in an extremely straightforward way which is just soon after i finished reading this publication through which basically modified me, alter the way i believe. (Mrs. Velda Tremblay)

3 IN 1 COOKBOOKS: MEAL PREP, CROCKPOT, VEGAN (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Get this 3 in 1 Cookbooks by Amazon s Best Seller Author for the Price of One! Erin Bloomfield loves to cook healthy, organic, and tasty meals every time. She is also an author who is passionate about writing on practical issues such as cooking. After facing so many obstacles in obtaining straight forward info on the best meal prep, crockpot, and vegan recipes cookbook, Erin decided to come up with this bundle of 3 in 1 cookbooks! In this bundle package, you will find: Book #1 - Meal Prep - Recipes Cookbook for Preparing Clean, Delicious and Nutritious Meals Every time This meal prep coobook will show you the incredible benefits of meal planning, including how to: -Save money -Have greater control over portion and calories -Save time and energy -Always eat clean and healthy prepped meals -Prepare only healthy recipes based on nutritional science included for your enjoyment This meal prep recipes book lists meal type and with many healthy, delicious, and easy to prep recipes, list of ingredients, prep time, caloric counts for each meal, and a very easy and simple directions on how to prepare them. This meal prep cookbook also contains healthy meal prep grocery list, meal prep recipes list, meal prep ideas, how and when to prepare meals, sample meal plans, and clean eating gourmet recipes. And much more. Book #2 - Crockpot Cookbook- 100 Quick and Easy Recipes for Slow Cooker Meals In this crockpot cookbook you will find so many crock pot and slow cooker recipes to choose from for breakfast, lunch, snacks, and dinner with over 100 crockpot recipes to choose from. This crock pot recipes cookbook contains: -Slow cooker porridges recipes -Crockpot...

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