



For Beginners - Simple Canning.: Cookbook: 25 Recipes to Preserve Your Tasty Dishes. (Paperback)

By Tim Allen

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Canning is an awesome way of preserving foods so that you can consume it later when desired. Today the supermarkets are flooded with canned foods and the demand for these canned foods is pretty high. But why spend those extra dollars picking up the canned stuff from market shelves when you can do the same at home. Benefits of Canning and Preserving Food Apart from preserving food, there are other benefits of canning foods. Here are a couple of other benefits: Helps in storage for use during months when the seasonal produce is unavailable: Seasonal fruits and vegetables are not available throughout, and even if available there are very expensive during the non-season months. So canning gives you the best option of buying these seasonal items when abundant in the market and then canning it for consumption during the later months. Having canned food on the shelf is very convenient: With most of the people working today, sometimes coming back home and cooking an entire meal can be rather difficult. At this point of time, it is such a relief when...

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