



Good Enough: How to Overcome Fear of Failure and Perfectionism to Live Your Best Life (Paperback)

By Kim Foster Carlson

Balboa Press, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you have a hard time making decisions? Do you avoid situations out of fear of what others will think? Do you procrastinate so much that it interferes with your daily life? Do you give up easily if things get tough? If you answered yes to any of these questions then you might just be a perfectionist. Veteran journalist and accomplished athlete Kim Foster Carlson gives you the tools overcome the obstacles that have been holding you back from living your best life.



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Reviews

This publication is definitely not effortless to get going on looking at but really exciting to read through. It really is rally intriguing throug looking at time period. Its been written in an remarkably straightforward way which is just soon after i finished reading through this book where basically altered me, change the way i think.

-- **Erna Langosh**

This written book is great. I am quite late in start reading this one, but better then never. You will not really feel monotony at at any moment of your time (that's what catalogues are for about when you check with me).

-- **Abe Reichel DDS**

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