



## PETAS Vegan College Cookbook: 275 Easy, Cheap, and Delicious Recipes to Keep You Vegan at School (Paperback)

By Peta

Sourcebooks, Inc, United States, 2016. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. You can have the simplest, tastiest vegan recipes on a budget -- and the best part is, the most complicated kitchenware you'll ever need is a microwave. Including more than 250 recipes, we've got all the best insider info: - Vegan alternatives to meat, eggs, and milk - How to stock your kitchen/mini-fridge - How to make meat-free sandwiches, salads, soups, and sauces - Fun meal recipes, such as Fettuccine Alessandro, Walking Tacos, and Pancake in a Mug - The best drinks, dips, and dressings - Unbelievable vegan dessert recipes - Spotlight sections on the staples we love: peanut butter, potatoes and Ramen - And much, much more! With new tips and treats to suit even the pickiest palate, this is the essential college cookbook for every vegetarian or vegan on a budget. Remember: You have the power to save animals-every time you eat. We can show you how!.



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