



## Sunshine on Stormy Seas (Paperback)

By Rebecca N Carmant

Lominy Books, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Sunshine on Stormy Seas is a poetry collection full of raw, authentic, sometimes soothing reflections on the experiences that shape life. The reader gets a peek inside Rebecca N. Carmant's soul, and a walk through the emotional canvas that defines us-as women, as mothers, as lovers, as humans. Carmant feels deeply and speaks honestly about some of her darkest times, but while her writing reflects her struggles, it also allows light to shine through. Carmant celebrates every milestone, no matter how small and insignificant. She sees each moment as an opportunity to learn and grow, and a light-hearted attitude allows her to hold on to her joy. In Carmant's world, Life happens. Bad things happen. But we all have those pockets of happiness to make it through the rough patches.



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