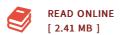




The Alkaline Recipe Book: 128 Tasty Alkaline Recipes and Low Acid Alternatives: Strengthening Health and Losing Weight (Paperback)

By Mattis Lundqvist

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Recipes: Apple and celery salad Artichoke salad Alkaline Pizza Alkaline couscous Alkaline chili dressing Bean-Avocado Sandwich Bean stew Plain bean-cucumber salad Simple pomegranate salad Simple beet salad Simple vegan burger Simple sweet potato curry Strawberry spinach salad Fine sweet potato wedges Vegetable paella Grapefruit avocado salad Cucumber salad Ginger soup Carrot and tomato soup Coconut Macaron Tasty sweet potato broth Light tomato salad Flax Seed Chia Dessert Papaya salad Paprika hummus Quick Quinoa Bowl Black Bean Tacos Homemade vegan mayonnaise Summer vegetable salad Spinach with avocado salad Spinach soup of basic kind Sweet potato cake Sweet potatoes Thai style Thai cabbage-salad basic type Tofu in black bean sauce Tomato soup for connoisseurs Courgette noodles with pesto Eggplant caviar Basil lentils stew Alkaline lunch break smoothie Alkaline salad Alkaline sandwich Alkaline-paleo-vegan ice cream Basmati rice with black beans Invigorating soup Peas and orange salad Pea risotto Fine chickpea salad Baked apple with raspberries Goulash alkaline type Cucumber salad on Paleo Cold blueberry soup Carrot ginger porridge Garlic with mushrooms Coconut-Aubergine Magic Pumpkin avocado salad Pumpkin Seed Spinach-Tomato-Soup Oven bananas with pear and orange...



Reviews

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