



Procrastination: Learn How to Become More Productive and Stress Free by Overcoming Bad Habits and Laziness (Paperback)

By K Connors

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Procrastination Learn How to Become More Productive and Stress Free by Overcoming Bad Habits and Laziness How many times have you avoided doing your homework or completing a chore by reasoning with yourself about how other tasks are more important? Or, by convincing yourself that what you re supposed to be doing is not significant enough to be completed right now? Congratulations, you re a procrastinator! And hey, welcome to the club. Procrastination is a very common problem that can lead to increased stress levels, lost opportunities, heightened frustration, and sometimes failure. Procrastination is difficult to manage because we underestimate its accumulative effects and overestimate our ability to handle them. Lucky for you, I have the solution! In this book, you will learn: What causes procrastination How to overcome it The impacts on your health The impacts on your work and social life Why the fear of failure causes procrastination Why the fear of success causes procrastination The different types of procrastination How to overcome laziness Tips and tricks to become more productive Get your copy of Procrastination: Learn How to...



READ ONLINE
[4.57 MB]

Reviews

Undoubtedly, this is the greatest operate by any article writer. It is actually writer in straightforward words instead of confusing. Your life period is going to be change as soon as you complete looking over this book.

-- **Karina Ebert**

Completely essential study publication. Better then never, though i am quite late in start reading this one. I am very easily could get a delight of reading a composed publication.

-- **Marilyne Macejkovic**

Other eBooks



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother wined a little...



Becoming Barenaked: Leaving a Six Figure Career, Selling All of Our Crap, Pulling the Kids Out of School, and Buying an RV We Hit the Road in Search Our Own American Dream. Redefining What It Meant to Be a Family in America.

Createspace, United States, 2015. Paperback. Book Condition: New. 258 x 208 mm. Language: English . Brand New Book ***** Print on Demand *****.This isn't porn. Everyone always asks and some of our family thinks it is for sure.but it's not....



Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and Junior Children how to read with this...



Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...