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The Wisdom of Sundays: Life-Changing Insights from Super Soul Conversations

By Oprah Winfrey

MACMILLAN AUDIO, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Oprah Winfrey s passionate delivery and the wisdom of her Super Soul Sunday television guests overflow with exuberance.it s fully clear how motivated she is to reach her listening audience. The excitement and intention in her voice are inspirational in themselves. -- AudioFile Magazine This program features interviews with Michael Bernard Beckwith, Jon Kabat-Zinn, Caroline Myss, Daniel Pink, Michael Singer, Bryan Stevenson, Eckhart Tolle, Iyanla Vanzant, Elie Wiesel Gary Zukav. Chapter Introductions are read by Oprah Winfrey Oprah Winfrey says Super Soul Sunday is the television show she was born to do. I see it as an offering, she explains. If you want to be more fully present and live your life with a wide-open heart, this is the place to come to. Now, for the first time, the aha moments of inspiration and soul-expanding insight that have enlightened millions on the three-time Emmy Award-winning Super Soul Sunday are collected in The Wisdom of Sundays, a beautiful, cherishable, deeply affecting audiobook. Organized into ten chapters -- each one representing a powerful step in Oprah s own spiritual journey and introduced with an intimate personal essay written and read...



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