



## The Sunflower Principle: Life Lessons from a Simple Flower

By Donna Austin

Inspiring Voices, United States, 2012. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In *The Sunflower Principle: Life Lessons from a Simple Flower*, author Donna Austin chronicles the role sunflowers played in her recovery from the ashes of divorce. Sunflowers were a favorite flower of her daughter, but it wasn't until she faced the agony of divorce and an empty nest that she realized they symbolized hope and love for her. From these big, bold, beautiful sunflowers and during time spent in her garden, she learned many valuable lessons about how to withstand the storms of life, lift up her head, and stand tall again. She has presented the lessons she learned from tending to the sunflowers in the form of seeds of wisdom in *The Sunflower Principle*. Through these lessons, she offers a simple guide for living, with all people--regardless of race, religion, or national origin. In order to become a sunflower, it is necessary to sow some seeds ourselves--seeds of compassion, love, peace, and understanding. The result of sowing these four tiny seeds make a difference in our lives, and become the catalyst for change in our...



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