



101 Healing Stories for Kids and Teens: Using Metaphors in Therapy

By George W. Burns

Wiley. Paperback. Condition: New. 336 pages. A comprehensive guide to understanding and using storytelling in therapy with kids and teens. George Burns is a highly experienced clinician with the remarkable ability to create, discover, and tell engaging stories that can teach us all the most important lessons in life. With 101 Healing Stories for Kids and Teens, he strives especially to help kids and teens learn these life lessons early on, providing them opportunities for getting help and even learning to think preventively. -Michael D. Yapko, PhD Author of Breaking the Patterns of Depression and Hand-Me-Down Blues. George Burns takes the reader on a wonderful journey, balancing metaphor, good therapeutic technique, and empirical foundations during the trip. Given that Burns utilizes all three aspects of the Confucian story referred to in the book—teaching, showing, and involving—readers should increase their understanding of how stories can be used therapeutically. -Richard G. Whiteside, MSW Author of The Art of Using and Losing Control and Working with Difficult Clients: A Practical Guide to Better Therapy. A treasure trove for parents and for professionals in the child-development fields. -Jeffrey K. Zeig, PhD Director, The Milton H. Erickson Foundation. Stories can play an important and potent role in therapy with children...



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