



## Exploring Your Options: Making Informed Decisions about Hormones: Practical Answers for Women in Pre-, Peri- And Postmenopause (Paperback)

By Carol Uebelacker

iUniverse, United States, 2004. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Truth About Hormone Replacement Therapy As the news stories about the dangers of hormone therapy continue to hit hard, Dr. Carol Uebelacker has responded with a well-referenced resource for making informed decisions. Drawing on twelve years of experience working with pre-, peri-, and postmenopausal patients, Dr. Uebelacker has assembled a clear and concise reference for every woman. Exploring Your Options: Making Informed Decisions About Hormones Explains the Women s Health Initiative study that caused panic in July 2002. Introduces detailed information about the stages of menopause. Presents the forms of hormones currently available. Provides much-needed information about staying healthy in your later years.

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