



Into the Mouths of Babes: A Whole Foods Nutrition Guide to Feeding Your Infants and Toddlers (Paperback)

By Susan Tate

Balboa Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Into the Mouths of Babes sets the highest standard for books on how to nourish our little ones. Susan elegantly weaves together all the practical details that parents need to know to feed a child in the best possible way: kitchen set-up, recipes, shopping, nutritional insights, food allergies, and much more. But this book will provide you with more than just great nutrition strategies. It teaches parents how to raise a child who's healthy in body, mind, heart, and soul. MARC DAVID Author of Nourishing Wisdom and The Slow Down Diet Reading this book is like having a loving godmother in your kitchen, holding your hand while you learn to deeply enjoy feeding your family. Her non-judgmental and holistic approach to healthy cooking empowers parents to embrace this adventure, with a food mill in one hand and a spice jar filled with Love in the other. KATE SHORT LINDSAY Holistic Health Coach and Mother Love beams from every page as Susan Tate so eloquently combines the science of nutrition and the essence of a joy-filled life. This will be the...



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