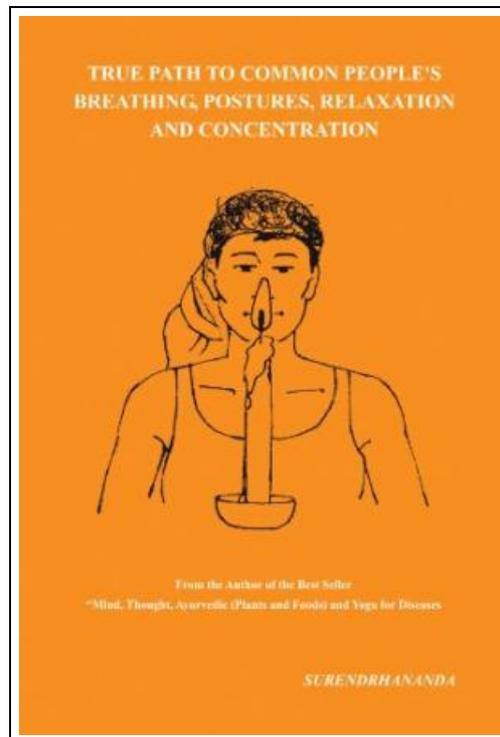


## True Path to Common People's Breathing, Postures, Relaxation and Concentration



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