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Square One Publishers, United States, 2018. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. Before the introduction of the Standard Western Diet to their culture, the natives of the South Pacific islands were among the healthiest people in the world. Heart disease and obesity were unknown, infectious diseases were extremely rare, and few people suffered from dementia. Swollen gums and dental cavities were uncommon as well. Most remarkable was that the majority of the calories consumed...

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- Authored by Larry Trivieri
- Released at 2018



Reviews

Very good e book and helpful one. it was writtern quite properly and helpful. I am quickly could possibly get a enjoyment of looking at a composed book.

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