

Habit and Health: A Book of Golden Hints for Middle Age, Derived from the Works of Eminent Medical Men; With Especial Reference to Ailments Besetting Professional and Business Men at the Present Day



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Reviews

An incredibly wonderful ebook with perfect and lucid explanations. I really could comprehend every little thing using this written e publication. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Tomas Flatley)

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Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Habit and Health: A Book of Golden Hints for Middle Age, Derived From the Works of Eminent Medical Men; With Especial Reference to Ailments Besetting Professional and Business Men at the Present Day The extreme ignorance Of the public generally in these matters, not excepting even the literary and scientific classes, is a fact admitted by all who are capable of judging on the subject, and is, indeed, manifested by evidence of the most abundant and notorious kind, both public and private. The falsest and most absurd notions are entertained respecting the whole subject of the morbid conditions of the animal economy, and respecting the means deemed capable of modifying and removing them. If this ignorance of a science and art of which there exist established professors and practitioners, were strictly confined in its effects to the individual minds lodging it, and were, like our ignorance in regard to many of the other practical arts of life, simply passive, there might be a question whether it were of much or of any importance that it should be removed. What greater necessity, it may be said, is there for men in general being enlightened in the science and art of the physician, than in the science and art of the shoemaker and tailor, of the coach-builder, saddler, or of any of the other handicrafts sub servient to his comfort and happiness? About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In...

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