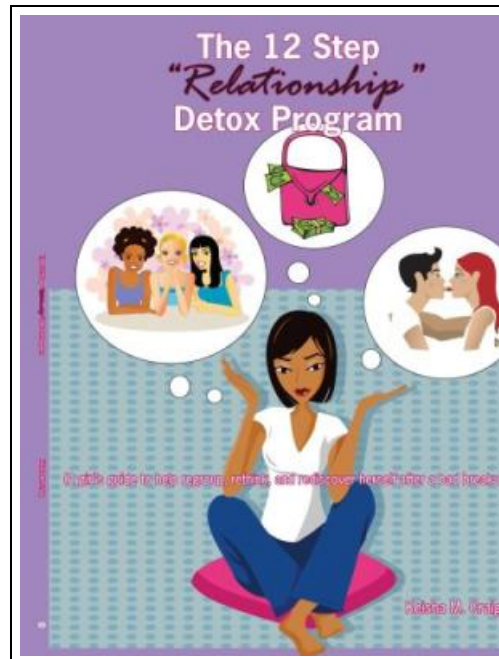


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AUTHORHOUSE, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are you crying all of the time? Have you been anti-social? Have you generated obsessive thoughts to plot revenge? Do you look at every man like he s the enemy? If so, then you have the symptoms of a BAD BREAK-UP. A bad relationship is like an addiction that you can t quit. You know it s not good for you, but you can t seem to let it go. Once you know that you no longer have access to it, it seems like you crave it more. The more you crave it, the worse you feel. However ladies, the dark clouds do have a silver lining because once you realize that the addiction isn t good, you become eligible to enter the DETOX PROGRAM. Once you have gone through the detox process, you will be able to begin a new relationship with a positive attitude. Here is a 12 Step Relationship Detox Program that will help you take the necessary steps to find the ability to move on with your life. Each step provides the tools needed to regroup, rethink, and rediscover yourself. During the detox program you will participate in exercises, take quizzes, follow check lists, and jot down your thoughts on the journal pages. The program also includes helpful tips on future dating prospects. As you begin to progress in the program you will be reminded of the power of friendship, the importance of setting personal goals, and acquire the confidence of liking the skin you re in. But most importantly, you will learn that life is supposed to be fun, whether you re in a relationship or not. Just remind yourself that laughter is a natural aphrodisiac that...

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