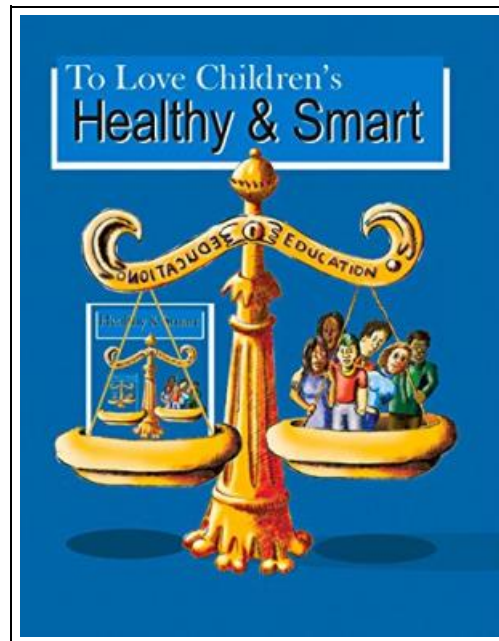


## Healthy Smart: Second Edition



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### **Reviews**

*Complete information! Its such a great study. It is probably the most amazing book i have got study. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

*(Mr. Roger Luetgen III)*

## HEALTHY SMART: SECOND EDITION



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BookBaby, United States, 2015. Paperback. Book Condition: New. 2nd. 277 x 216 mm. Language: English . Brand New Book. Healthy Smart Programme To Love Children (TLC) consulted with the World Health Organization, in the development of the Healthy and Smart Programme. Additionally, HIV/AIDS experts on traditional teaching methods were consulted in order to make the Programme interactive and impactful by using activities, communication channels, and graphics accepted by and/or familiar to the peoples we aim to serve. Healthy Smart assumes Current officially sanctioned school-based HIV/AIDS programmes fail to effect real social change because their approach is didactic, literacy-based, and Eurocentric, and ignores oral and traditional forms of communication. A multi-pronged ABCDEF approach to behavioural change to prevent transmission of HIV A = Abstinence: Do not have (sex); or postpone initiation of sexual activity until married. B = be faithful: with only one partner. C = Condom: Use condom. D = Drugs: Do not take illegal drugs! Do not inject drugs. Do not share needles, and do not share unsterilized needles. E = Empowerment: with education and life skills. F = financial independence: livelihood skills, train unemployed adolescents and help protect youth from exploitation and risky behaviours. TLC recognizes that much remains to ensure that youth remain virus-free, and to address the most vulnerable populations. Healthy Smart uses a national, local government, and local community-based approach that seeks to maximize the involvement of all relevant actors and stakeholders. TLC also recognizes that students, youth, and young adults who participate in Healthy Smart come from a range of cultural backgrounds, traditions, and learning styles. The reviewers of the Programme provided alternative and culturally relevant teaching approaches. TLC believes the use of non-western communication and a range of teaching methods to allow flexibility in how to implement Healthy Smart s Programme. Strategies and...



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