



Beyond Marital Conflict: Divorce Recovery for You and Your Children (Paperback)

By Bob Livingstone

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is a book for those who are divorced and have no intention of reuniting with ex-spouses. Beyond Marital Conflict: Divorce Recovery for You and Your Children teaches how to move forward after the breakup. The book describes and dissects high conflict divorce and offers concrete solutions that you can implement immediately. The benefits you will obtain here are: having a closer relationship with your children, having an improved, less warring relationship with your ex, lowering the stress in your life and being able to have a stronger bond with those you love. You are asked to take a focused look at your role in the conflict and what positive changes you could make to improve the life of your children and yourself. The devastating breakup is assessed from the parent's perspective and the origins of parental pain are discussed. Transforming this pain to a healing place for your family is also highlighted. The angst that your children experience on a daily basis and the dysfunctional behavior they exhibit are explored as well. Strategies to truly move them out of the...

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