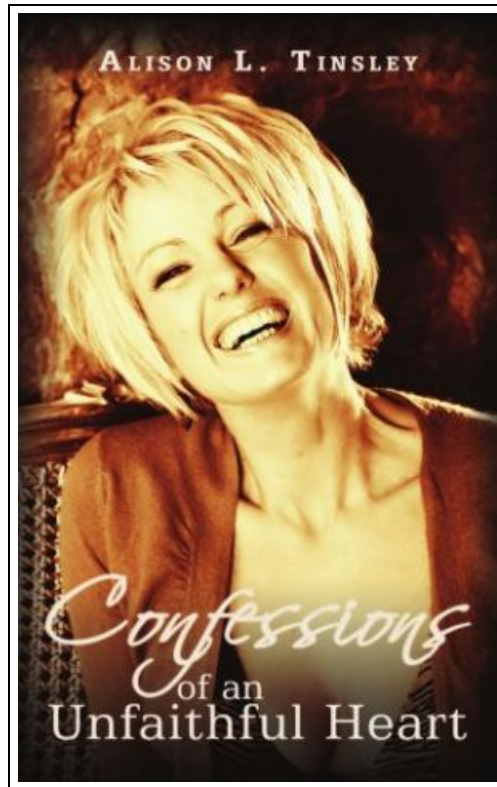


## Confessions of an Unfaithful Heart (Paperback)



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## CONFESSIONS OF AN UNFAITHFUL HEART (PAPERBACK)



AUTHORHOUSE, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.I have a confession to make. My story begins over twelve years ago, I was a different woman then. Like so many people, I was unaware that much of my life revolved around searching for love and approval. Yet you could say I had it all: a husband, two great kids, a strong faith, a fulfilling career and a lovely home. So why did I feel so empty, so lonely and so desperate to be loved? At the time I didn t have any answers, only an incredibly strong subconscious need to be valued and appreciated for who I was. My marriage of eleven years had been a happy one, but it had arrived at a place where many marriages visit, a place called familiarity . Movies like Pretty Women fuelled my fantasies. I wanted my own Richard Gere to rescue me from the curse of monotony. Herein lies my story, a journey through fantasy, adultery and ultimately, self- discovery. Subsequent events would change my life, forever. My actions prompted a year of sheer emotional turmoil. Certainly there was rapturous pleasure; forbidden fruit does something quite tantalizing to the taste buds. And yet as my tale unfolded, the outcome was one which I could not possibly have foreseen. So why would I want to share such a story? My hope is that it will help and inspire others. Many struggle with the same issues as I did, low self esteem, lack of confidence and an inability to accept oneself. As you read my story, I trust you will open your mind. Try to understand and, more importantly, apply the lessons learnt from my mistakes. If you can do this, your life can take...



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