



Nutrition, Health, and Disease: A Public Health Link (Paperback)

By Kaufui V Wong

Momentum Press, LLC, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Currently, with so many commercial food companies selling ready-to-eat foods for the busy professional, nutrition science may be pushed to the wayside. For most of us, guidance is essential. This book is about the more logical and better substantiated nutritional practices and juried literature around the world, and its impact on health and disease. The monograph is appropriate for use in a nutritional or an epidemiology course as well as for anyone who wants to better their own nutritional choices, their health, or lower their risk for certain diseases.



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