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## 7 QUICK EASY WAYS TO STOP PROCRASTINATING: OVERCOME FEAR, SOCIAL ANXIETY, SELF SABOTAGE AND LACK OF MOTIVATION



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.DISCOVER: the truth behind procrastination and learn right now how to stop it for good. Do you feel immobilized by fear or anxiety? Do you have the tendency to self-sabotage? Have you lost your sense of purpose and the motivation to reach your goals? Does the phrase I ll do it tomorrow seem hauntingly familiar?...

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- Authored by Vincent Santiago
- Released at 2014



## Reviews

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