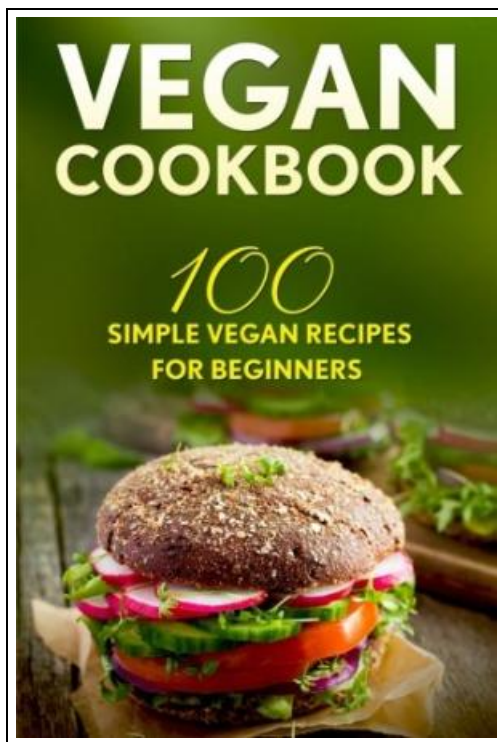


## Vegan Cookbook: 100 Simple Vegan Recipes for Beginners (Paperback)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.LIMITED-TIME BONUS FREE EBOOK INCLUDED Try These Simple, Healthy, And Delicious Vegan Recipes To Immediately Cook Better Meals! Are you tired of cooking complicated, boring, and uninspiring meals every night? If you are, then this book is perfect for you! Millions of people all across the world are going vegan but the biggest issue they all have is what to cook. Simply put, too many vegan dishes suck. That is what this book will fix. If you follow the simple, beginner-friendly recipes found in this book I gurantee you will start to love what you cook and eat. I know what it s like to be vegan and have a hard time in the kitchen. Growing up I was never a great cook and I thought I would be doomed to only eat raw veggies and fruits when I went vegan, until I learned some amazing tips and tricks that transformed my cooking. Vegan cooking is not hard to learn or master and it certainly doesn t have to be boring. A healthy and delicious meal can be created in just a few steps from common ingredients you already have in your home! Mastering vegan cooking has not only helped my health and mind but for thousands of others who have tried and have seen permanant success as well. Through following and applying the recipes and techniques found in this book I guarantee you will start to see a positive change in your body. That is because these recipes are packed with more than enough nutrients to keep you healthy. These fundamentals of a healthy vegan diet have not only worked for me, but for thousands of others who have tried them...



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