

Soccer Skills: For Young Players

Filesize: 8.93 MB

Reviews

This written ebook is great. I was able to comprehended every little thing using this written e publication. I am very happy to tell you that this is the finest ebook i have go through during my individual existence and could be he greatest ebook for possibly. (Simone Goyette II)

SOCCER SKILLS: FOR YOUNG PLAYERS



Firefly Books Ltd. Paperback. Book Condition: new. BRAND NEW, Soccer Skills: For Young Players, Ted Buxton, "Making the most of preparation and practice time with this comprehensive skills-guide." This handbook has everything the young soccer player needs to improve his or her game. Fully illustrated with step-by-step sequences for optimum performance, it covers all aspects of the sport: historical background, soccer jargon, and basic defensive and offensive strategies. The book is suitable for players just starting out and for the more experienced player looking to fix a persistent problem or improve a specific skill. With dozens of color photographs, Soccer Skills features: Ball control Passing skills Running with the ball Free kicks, corner kicks, "bending the ball" Hitting the back of the net Controlling the ball on the head Shadowing and tackling Goal-keeping Warming-up and cooling-down exercises Pre-match preparation and off-season conditioning Pre- and post-game nutrition tips. Training drills used by soccer's top professionals are combined with sequential photographs and detailed explanations. At-a-glance tips help players solve problems and polish their techniques. From the necessary skills to strategic tips for winning, Soccer Skills is essential for players and coaches of the world's most popular sport.

Read Soccer Skills: For Young Players Online
Download PDF Soccer Skills: For Young Players

Relevant eBooks

=

50 Fill-In Math Word Problems: Algebra: Engaging Story Problems for Students to Read, Fill-In, Solve, and Sharpen Their Math Skills

Scholastic Teaching Resources. Paperback / softback. Book Condition: new. BRAND NEW, 50 Fill-In Math Word Problems: Algebra: Engaging Story Problems for Students to Read, Fill-In, Solve, and Sharpen Their Math Skills, Bob Krech, Joan Novelli,... Read Book »

_

Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and... Read Book »

Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.You have the power, Dad, to influence and educate your child. You can... Read Book »

		\mathbf{r}	
	=	-	

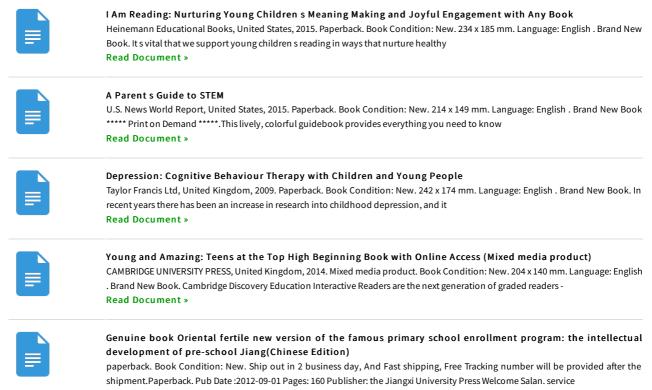
Write Better Stories and Essays: Topics and Techniques to Improve Writing Skills for Students in Grades 6 - 8: **Common Core State Standards Aligned**

Createspace Independent Publishing Platform, United States, 2012. Paperback. Book Condition: New. 277 x 211 mm. Language: English . Brand New Book ***** Print on Demand *****.Mr. George Smith, a children s book author, has been... Read Book »

Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and...

Read Book »



Read Document »