



Portuguese Cooking ***Black and White Edition***: Easy Classic Recipes from Portugal (Paperback)

By Sarah Spencer

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Bring the rich flavors of Portugal in your kitchen! Prepare a memorable Portuguese feast for your family and friends. Choose your favorites from the fifty classic recipes in this Portuguese Cooking Cookbook. ***BLACK AND WHITE EDITION*** Portugal s rich and vibrant culture is undeniably felt in its cuisine. Portuguese dishes are never shy. Each dish proudly presents itself with fresh, robust, and surprising flavors. There is something both comforting and celebratory about Portuguese dishes. Hearty soups and stews warm and nourish. With olive oil, one must be extravagant; with meat, nothing is to be put to waste. Desserts are divine, their flavors and preparation seeming to resound with good times and happy memories. Traditional recipes have mostly been passed down by mothers to daughters, with no measurements. The Portuguese are innovative and creative people, and their recipes and methods vary from family to family and from region to region. What one family may consider authentic may seem foreign to another. With that in mind, the recipes in this cookbook do not claim to be authentic. They are here to give you...



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