



Psychologically Informed Physiotherapy: Embedding psychosocial perspectives within clinical management (Paperback)

By -

Elsevier Health Sciences, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Psychologically Informed Physiotherapy is a key new textbook for those who need a trusted and comprehensive resource to guide them in applying psychosocial perspectives to their physiotherapy practice. The first of its kind, this textbook brings together an international and interdisciplinary team of leading experts in the field. Together they present an evidence-based range of ideas and concepts around the psychologically informed practice framework, bringing psychosocial aspects of physiotherapy to the fore alongside the established biomedical model. By applying these aspects to screening, exploration and triaging, physiotherapists are better able to identify the origins of pain and barriers to rehabilitation; and so are more likely to achieve consistently good clinical outcomes for their patients. Throughout, clinical case studies ensure that the theory is then grounded in a variety of practical scenarios after which some reflective exercises and clinically relevant scenarios reinforce learning and understanding. Chapters on: Psychology of professional identity in health care The biopsychosocial model Screening for red flags Adapting interactions with others to form empowering relationships and influence behavioural change Neuro-immune-endocrine interactions and clinical practice in stress, pain and recovery Care of the anxious...



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