



You Have a Choice: The Proven 5 Step Method to End Suffering Start Living.

By Leanna Lapidus

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you searching for happiness? Looking for comfort and understanding? Do you struggle with addiction? Do you want to end the cycle of fear, loneliness, and anger? No one wants to create chaos, no one wants to hurt the ones they love, and Leanna Lapidus can help end that pain and introduce you to the happiness that has always been there. You have a choice and Leanna can provide anyone with the tools they need to make that choice. The five proven steps in this book will open your heart and mind to a new way of thinking, a positive way of dealing with the pressures of the present, the pain of the past, and the fear of the future. Each step brings you closer to self-acceptance, Leanna has developed these steps through her own life trials. After mastering these five steps, you will: Secure happiness for yourself and your loved ones Become self-aware Achieve self-acceptance Heal your inner child End the vicious cycle of fear, loneliness and anger End the addiction that prevents you...

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