



Taming Your Alpha Bitch: How to be Fierce and Feminine (and Get Everything You Want!)

By Christy Whitman, Rebecca Grado

BenBella Books. Paperback. Book Condition: new. BRAND NEW, Taming Your Alpha Bitch: How to be Fierce and Feminine (and Get Everything You Want!), Christy Whitman, Rebecca Grado, In many areas women have earned the equality we've been fighting for. We've broken through glass ceilings and achieved great success. We've shown that we can prosper by our own means. And we've become influential, respected leaders. Yet many of us find ourselves unhappy, anxious, overwhelmed. Where's the pot of gold at the end of our "I can do it just like a man" rainbow? The problem is that while we can be as successful as a man, we don't get there through a masculine approach. Being a "damsel in distress" is not the way to make your dreams come true, but neither is being the hyper-aggressive Alpha Bitch. In this New York Times bestselling book, transformation leaders Christy Whitman and Rebecca Grado reveal how when women try to claim power through a forceful "take no prisoners" approach it ultimately works against us and undermines our best efforts to create the life of our dreams. In fact, wielding Alpha Bitch force is ironically disempowering, because it introduces conflict, struggle, and competition into our...



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