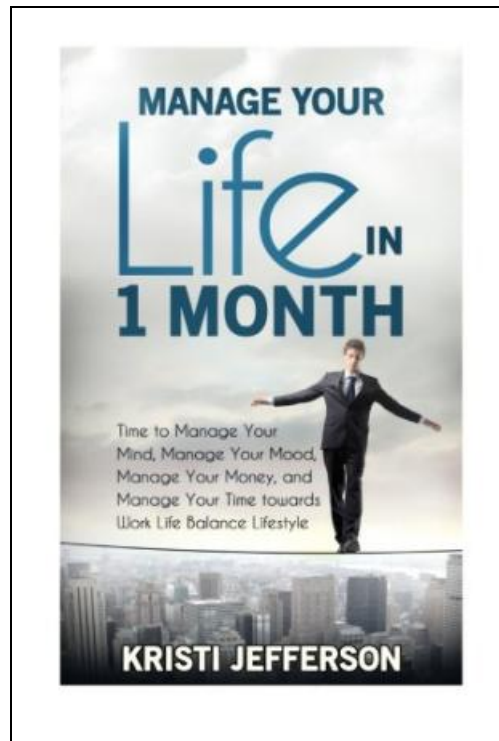


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Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Thirty days is not a very long time. It's not enough time to make many of the changes that we would need to take our life to the next level - it's not enough time to learn something significant, you can't make a huge amount of money in that time and you can't make any drastic changes to your body. However, there is one vitally important thing that you can do that can and will change everything. Create new habits. The habits that govern our everyday activities will eventually be the structure of our entire life and if we don't take control of the process we might not like the end results. In the book *Manage your life in one month* you will learn a series of essential steps you need to make that ensure you have what it takes to take your life to the highest heights possible. Divided into three phases, *Manage your life in 30 days* will take you by the hand and guide you on a step-by-step journey to fulfilling your potential in every major area of your life. Each phase builds on the one that came before it to act like a ladder for success. The first phase will help you gain perspective about what has been holding you back and give you tools that will help you master the inner game of success. The reality is that you won't achieve anything until you have your subconscious and conscious mind in alignment so that there is no internal conflict. The second phase will help you build a clear vision that will inspire you to act while clearing everything that is in...



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