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Everyday African Food: Fall in Love with African Food and Beautiful Folktales (Paperback)

By Ivy Newton

Createspace, United States, 2012. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****.African cooking and storytelling are traditionally an oral custom. The beautiful thing about African food and its folktales is that they are never boring. Africa is not made up of a faceless, nameless food dishes and people. The diversity of spices tickles the senses and awakens the food pallet. Hence there are more exciting spices in your food life than just salt and pepper. Spices bring the flavor of Africa right to your front door. Spices such as cardamom, rose flower water, mint, and turmeric add depth and dimension to food and shape the taste intensity. The basic art of traditional African cooking lies in the blending of herbs and spices to yield delicate distinctions in the flavor of food. From such an enormous continent different styles of cooking, diverse flavors, textures and ingredients are condensed into one book. People often refer to ?Africa? as if it is a country rather than a continent. Well, it is a continent and home to 54 independent, unique countries with South Sudan being the latest addition in July 2011. Each country has its own...


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Reviews

Extensive manual! Its this type of great read through. Sure, it is actually engage in, nonetheless an interesting and amazing literature. Its been written in an exceedingly simple way and it is simply right after i finished reading this pdf through which basically altered me, affect the way i believe.

-- **Mrs. Mertie Cummerata**

This is an amazing book that I actually have actually read through. I am quite late in start reading this one, but better then never. You will not truly feel monotony at anytime of the time (that's what catalogs are for concerning should you ask me).

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