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Air Fryer Cookbook: Your Ultimate Air Fryer Recipe Cookbook to Fry, Bake, Grill, and Roast (Air Fryer, Paleo, Clean Eating, Healthy Eating, Ketogenic, Anorexia, Gluten Free, Sugar Free,) (Paperback)

By Diana Watson

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Delicious Healthy Air Fryer Recipes Ready To Be Made For You And Your Whole Family! Are you looking for a healthier way to cook your meals that are still tasty and delicious as they were made originally? Do you want less oil and fats in your meals but still retain that tender and juicy texture? Are you also tired of cleaning and scrubbing after making a hot mess from the traditional methods of cooking all your meals? Well what if I told you that there is a way you can make meals that not only tastes sinful, but in actual fact are low in fat, oil, is convenient, and is stupid easy to clean up? Doesn't that sound like the perfect meal? Introducing the Air Fryer Mastery Cookbook. With the recipes and methods of cooking found inside, you can enjoy the foods you love while simultaneously achieving better health, your weight goals, and a healthier body! Here Are Some of the Delicious Recipes That You Will Receive: Apple Dumplings Air Fryer Spinach Frittata Country Style Chicken Tenders Tarragon Chicken Halibut Steak...



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