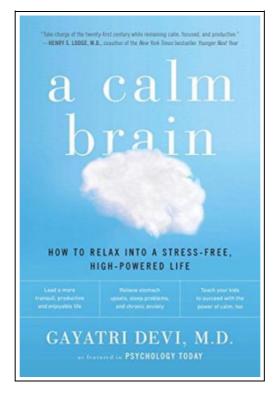
# A Calm Brain: How to Relax Into a Stress-Free, High-Powered Life



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# Reviews

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(Dr. Meta Smith)

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