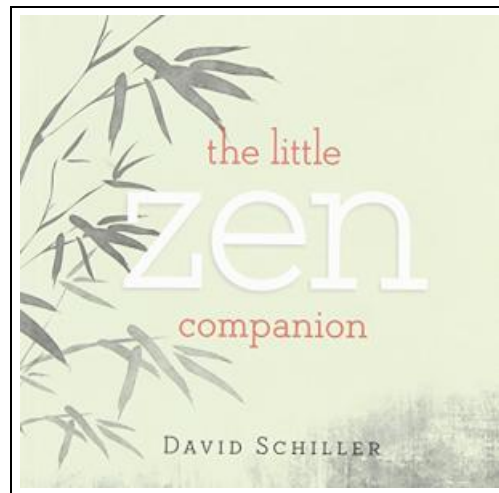


The Little Zen Companion



Filesize: 6.86 MB

Reviews

This created book is wonderful. This is for all those who statte that there was not a worth reading. Your way of life span will likely be enhance as soon as you comprehensive looking at this publication.
(Jesse Yundt)

THE LITTLE ZEN COMPANION



Workman Publishing Company. Paperback. Book Condition: New. Paperback. 389 pages. Dimensions: 4.2in. x 4.1in. x 1.1in. While it seeks neither to define Zen nor answer its most famous koan (a riddle unanswerable by conventional thinking, in this case the sound of one hand clapping), this bestselling little book with 437,000 copies in print possesses a maverick Zen spirit that points to a different way of looking at the world. With each page featuring a quote, phrase, story, koan, haiku, or poem, Zen Companion combines the feeling and format of a meditation book with 2,500 years of wisdom—from Lao-tzu and Groucho Marx, William Carlos Williams and The Little Prince, D. T. Suzuki and Walker Percy, the Buddha and the Bible, Einstein and Gertrude Stein. Its a celebration of intuition: If a man wishes to be sure of the road he treads on, he must close his eyes and walk in the dark—St. John the Cross. Individuality: Do not seek to follow in the footsteps of the men of old; seek what they sought. —Basho. Uncomplicated nature: Among twenty snowy mountains The only moving thing Was the eye of the blackbird. —Wallace Stevens. Childlike spontaneity: Goodnight stars. Goodnight air. —Margaret Wise Brown. Irreverent paradox: Wakuan complained when he saw a picture of bearded Bodhidharma: Why hasnt that fellow a beard And above all, the simple pleasure of life lived in the moment. Chop wood, carry water. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



[Read The Little Zen Companion Online](#)



[Download PDF The Little Zen Companion](#)

Other eBooks

**Owen the Owl's Night Adventure: A Bedtime Illustration Book Your Little One Will Adore (Goodnight Series 1)**

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Professor of Modern English Literature Peter Childs (illustrator). 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Owen is...

[Download eBook »](#)

**Would It Kill You to Stop Doing That?**

Book Condition: New. Publisher/Verlag: Little, Brown Book Group | A Modern Guide to Manners | A laugh-out-loud guide to modern manners by acclaimed humorist, author, and Vanity Fair columnist Henry Alford. | A few years...

[Download eBook »](#)

**The Country of the Pointed Firs and Other Stories (Hardscrabble Books-Fiction of New England)**

New Hampshire. PAPERBACK. Book Condition: New. 0874518261 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST...

[Download eBook »](#)

**Valley Forge: The History and Legacy of the Most Famous Military Camp of the Revolutionary War**

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. *Includes pictures *Includes accounts of Valley Forge written by Washington and other generals...

[Download eBook »](#)

**Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .**

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually...

[Download eBook »](#)

**THE Key to My Children Series: Evan s Eyebrows Say Yes**

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about

[Save Document »](#)

**A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half**

Createspace, United States, 2014. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.The ultimate learn-by-doing approachWritten for beginners, useful for experienced developers who want to

[Save Document »](#)

**Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners**

Fernhurst Books Limited. Paperback. Book Condition: new. BRAND NEW, Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners, Paul B. Boissier, Expert information for yachtsmen and

[Save Document »](#)

**The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program**

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators

[Save Document »](#)

**All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed**

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed, Audrey Delaney, 'I could see what he was doing to the

[Save Document »](#)