



## Inner Peace: A Simple Path (Paperback)

By Laz Khanu

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.After the occurrence of a few of the most highly stress-inducing events in my life within a 2 year time period, it was evident that I had to figure out a way to get through the supposed difficulties. My goal was determined by me asking the question How do I get to the other side of this confusion and negativity intact? Investigating the answer to that question placed me on a unique and fulfilling journey that I have documented in the book called INNER PEACE - A SIMPLE PATH. Some of the realizations I encountered were that: 1. Stuff happens to people in life regardless of your age, race, religion, sexual orientation, wealth status, etc. 2. As humans, in general, you all have the capability AND responsibility to attend to your personal well-being regardless of the events occurring externally. It is a mind thing. 3. There are ample resources around to help every individual pull through. Just make sure you open your eyes to see them. 4. The rewards cannot be planned and patience MUST be exercised. 5. If there...



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