

Relax, Relate, Release (Paperback)

By B L Smith

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. I m in no way a profession or expert and I say this a lot in what I write, I do however speak fro my own experiences. In the past year there have been so many ups and downs in my life and I had to struggle through each. I once heard a smart man learns from his mistakes, but an even smarter man learns from someone else s mistakes. Can you learn anything from mine?.





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