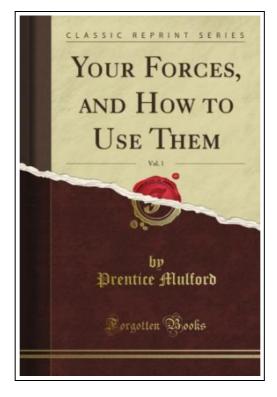
# Your Forces, and How to Use Them, Vol. 1 (Classic Reprint) (Paperback)



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## Reviews

A fresh e book with a brand new point of view. It is definitely simplistic but surprises in the fifty percent of your ebook. Its been designed in an extremely basic way and is particularly just soon after i finished reading this ebook where in fact altered me, change the way i really believe.

(Dr. Alberta Schmidt V)

# YOUR FORCES, AND HOW TO USE THEM, VOL. 1 (CLASSIC REPRINT) (PAPERBACK)



Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Your Forces and How to Use Them was originally published in 1903 and has now been republished by Forgotten books. Written by Prentice Mulford, the book is a sort of original self-help book, focused on aspects that may be considered new age were the book published today. Mulford begins his book with a brief section on God and provides the reader with a glimpse of the perspective from which this book is written. The Supreme Wisdom, Power and Intelligence is in everything that exists from the atom to the planet, states the author. Mulford believes that all living beings are connected and that humans must awake to this connection. The first several chapters of the book discuss sleeping and dreaming, and the connection between dreams and our wellbeing. Later chapters focus on self-improvement through a variety of streams, from focus on physical being, to the art of studying, to the recognition of the spiritual gifts given to all humans. The book concludes with a discussion of re-embodiment, or the act of spirits migrating to a new body. As a self-help book, Your Forces and How to Use Them is short on any practical advice. There are very few applicable pieces of information provided. Rather, the book is focused mainly on Mulford's belief system, which is both scientifically unfounded and spiritually thin. It is difficult to imagine this text providing the reader with any advice that could be considered constructive, either spiritually or practically. Mulford's overly simplistic spiritual viewpoint and lack of practical advice make Your Forces and How to Use Them a tedious read. While this book may be of some interest to those curious about what a spiritual self-help book...



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