



## The Happiness Formula: Proven Methods That Dissolve Pain Into Joy (Paperback)

By MS Diane a King

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Large Print. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Happiness Formula - Proven Methods That Dissolve Pain Into Joy Represents. A True Dynamic Journey to my Self-Discovery, Inspiring readers with various creative resources; and practical tools geared at unlocking your happiness potential; with proven healing methods used for mind, body and soul transformation that has helped me to overcome some painful life experiences. Promoting soul consciousness expansion to help us identify with our true original powers, and fly above life obstacles. It acknowledges our human sensitivity to the ripple effect of world drama; playing itself out in many different ways. Having played various roles in my life, a daughter, sister, mother, Social Worker, Artist, DJ, Author, Life Coach and Creative Therapist. I had to take stock of how I identified. Recognizing from a near death experience while in my twenties that I am a True Divine Soul Being, utilizing the art of stillness to obliterate the stressors associated with limiting human identity crisis. This Happiness Formula enables the harnessing of powerful inner resources; with its 9 keys steps to shifting mind, body and soul blockages;...



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