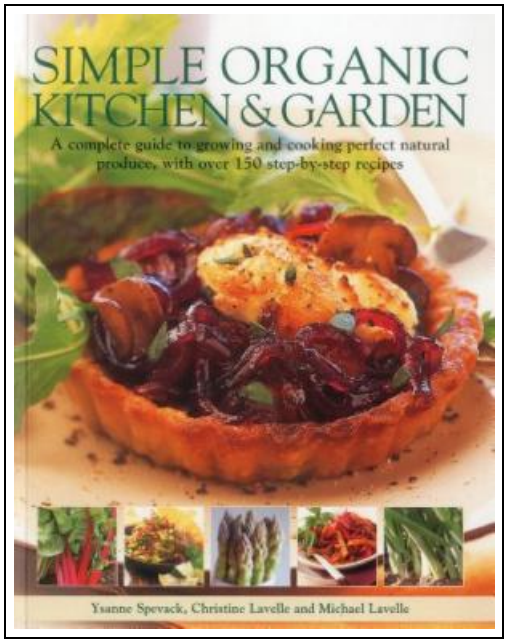
Simple Organic Kitchen & Garden: A Complete Guide to Growing and Cooking Perfect Natural Produce, with Over 150 Step-by-step Recipes



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Reviews

It is straightforward in read through preferable to fully grasp. It is really simplistic but excitement in the 50 percent of the pdf. Your life span will be enhance once you comprehensive looking at this pdf.

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SIMPLE ORGANIC KITCHEN & GARDEN: A COMPLETE GUIDE TO GROWING AND COOKING PERFECT NATURAL PRODUCE, WITH OVER 150 STEP-BY-STEP RECIPES

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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Simple Organic Kitchen & Garden: A Complete Guide to Growing and Cooking Perfect Natural Produce, with Over 150 Step-by-step Recipes, Ysanne Spevack, Christine Lavelle, Michael Lavelle, This is a complete guide to growing and cooking perfect natural produce, with over 150 step-by-step recipes. It deals with growing and cooking food the natural way, with chemical-free gardening and delicious organic recipes. It is packed with practical advice to help you achieve outstanding results in all aspects of designing and maintaining an organic garden. It also deals with growing organic fruits and vegetables, with advice on soil, aspect, sowing, aftercare, natural ways to deal with pests and diseases, harvesting and storage. It includes 150 seasonal recipes for every occasion ranging from mouthwatering soups, appetizers and side dishes to main courses, desserts and cakes. With 1750 beautiful photographs and illustrations as well as step-by-step instructions, this fabulous guide will help you cultivate an organic garden and make the most of organic produce in the kitchen. Changing to an organic way of life has huge benefits, and growing your own produce, then using it to cook mouthwatering recipes, is what this book is all about. The first part of this book guides you through creating and caring for your garden the organic way, including nurturing the soil, and growing different fruit, herb and vegetable crops. More than 150 recipes follow that make the most of produce in each season. Try Winter Farmhouse Soup, Red Onion and Mushroom Tartlets with Goat's Cheese, and Rhubarb and Ginger Ice Cream. This fabulous book is essential reading for anybody interested in the organic way of life.

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