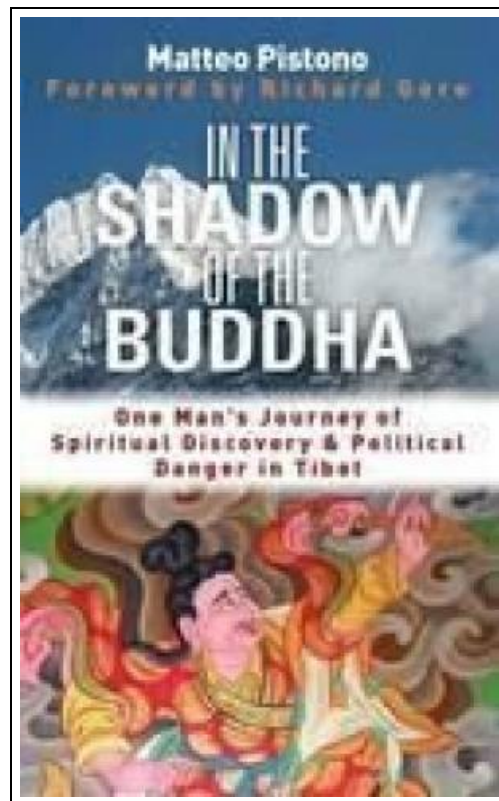


In The Shadow Of The Buddha: Secret Journeys And Spiritual Discovery In Tibet



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Reviews

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(Dr. Marcos Grimes III)

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Hay House India, New Delhi, 2011. Soft cover. Book Condition: New. For nearly a decade, Matteo Pistono smuggled out of Tibet evidence of atrocities by the Chinese government, showing it to the United States government, human rights organisations, and anyone who would listen. Yet Pistono did not originally intend to fight for social justice in Tibet - he had gone there as a Buddhist pilgrim. Pistono's quest led him to Tibet and to a meditation master whose spiritual brother is Sogyal Rinpoche, bestselling author of *The Tibetan Book of Living and Dying*. Pistono not only became the master's student but also couriered messages to him in Tibet from the Dalai Lama in India. This began an extraordinary, and ultimately vital, adventure. *In the Shadow of the Buddha* is a book about Tibet through the eyes of a devotee - a stranger hiding in plain sight. It's about how a culture's rich spiritual past is slipping away against the force of a tyrannical future. It's about how Tibetans live today, and the tenacity of their faith in the future in spite of dire repression and abuse. It's also about Pistono's own journey from being a frustrated political activist to becoming a practicing Buddhist mystic, a man who traveled thousands of miles and risked his own life to pursue freedom and peace. Page Extent: 272.



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