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## HOW TO BE CHAMPION: MY AUTOBIOGRAPHY (HARDBACK)



Trapeze, 2018. Hardcover. Condition: New. Part autobiography, part self help, part confession, part celebration of being a common-or-garden woman, part collection of synonyms for nunny, Sarah Millican's debut book delves into her super normal life with daft stories, funny tales and proper advice on how to get past life's blips - like being good at school but not good at friends, the excitement of IBS and how to blossom post divorce. If you've ever worn glasses at the age of...

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- Authored by Sarah Millican
- Released at 2018



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### Reviews

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