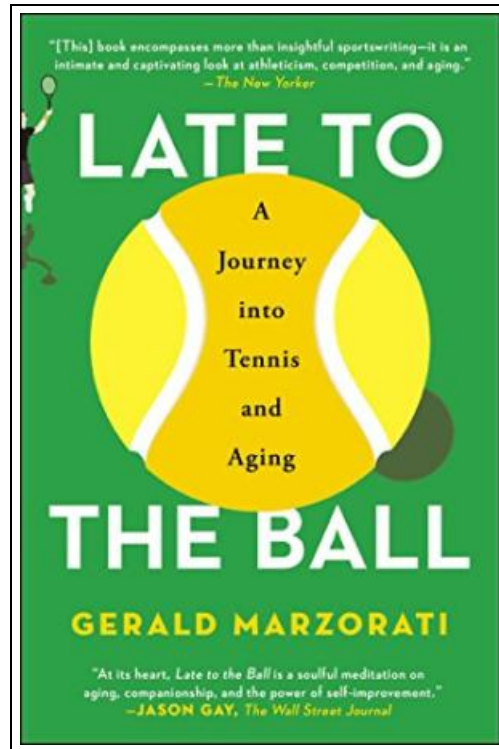


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LATE TO THE BALL: A JOURNEY INTO TENNIS AND AGING (PAPERBACK)



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Scribner Book Company, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. An award-winning author attempts to become a nationally competitive tennis player--at the age of sixty--in this soulful meditation on aging, companionship, and the power of self-improvement (The Wall Street Journal). Being a man or a woman in your early sixties is different than it was a generation or two ago, at least for the more fortunate of us. We aren't old yet. But we sense it coming: Careers are winding down, kids are gone, parents are dying (friends, too), and our bodies are no longer youthful or even middle-aged. Learning to play tennis in your fifties is no small feat, but becoming a serious, competitive tennis player at the age of sixty is a whole other matter. It requires training the body to defy age, and to methodically build one's game--the strokework, footwork, strategy, and mental toughness. Gerry Mazorati had the strong desire to lead an examined physical life, to push his body into the encore of middle age. In *Late to the Ball* Mazorati writes vividly about his difficulties, frustrations, and triumphs of becoming a seriously good tennis player. He takes on his quest with complete vigor and absolute determination to see it through, providing a rich, vicarious experience, involving the science of aging, his existential battle with time, and the beautiful, mysterious game of tennis. Enjoyable, crisp and clean (Publishers Weekly), *Late to the Ball* is also captivating evidence that the rest of the Baby Boomer generation, now between middle age and old age, can find their own quest and do the same.



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