



Die Kraft der Klangschalen

By Oberle, Horst

Condition: New. Publisher/Verlag: Silberschnur | Vor einigen Jahren waren sie noch unbekannt, heute kennt sie fast jedes Kind: Klangschalen. Doch woher kommen sie? Wie nutze ich sie für mich oder für meinen Partner? Und was kann man mit ihnen bewirken? Auf diese und weitere Fragen möchte dieses Buch eingehen, das speziell für Anfänger konzipiert wurde, die eine fundierte Einführung in die Welt der Klangschalen suchen und Wert legen auf leicht nachvollziehbare, praktische Beispiele. Der Autor erklärt neben der Herkunft und Anwendungsweise der Klangschalen die heilende Wirkung von Klängen sowie die therapeutische Anwendung der Schalen bei Verspannungen, Blockaden oder um den ganzen Körper wieder zu harmonisieren. Kommen Sie wieder in Einklang mit sich selbst. | Format: Paperback | 140 gr | 157x106x14 mm | 160 pp.



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