

# Absolute Truth Exposed - Volume 1: Applying Science to Expose the Myths and Brainwashing in the Big Bang Theory, Autoimmune Diseases, Ibd, Ketosis, Di



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## **Reviews**

*An exceptional pdf and the typeface employed was fascinating to see. Better then never, though i am quite late in start reading this one. Your daily life span will be transform as soon as you total looking at this publication.*

**(Dale White)**

## ABSOLUTE TRUTH EXPOSED - VOLUME 1: APPLYING SCIENCE TO EXPOSE THE MYTHS AND BRAINWASHING IN THE BIG BANG THEORY, AUTOIMMUNE DISEASES, IBD, KETOSIS, DI

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Exalt Publishing. Paperback. Condition: New. 456 pages. Dimensions: 9.0in. x 6.1in. x 1.0in. Absolute Truth Exposed - Volume 1 covers eight topics that are vitally important to everyone. Your life will be transformed in astonishing, almost miraculous ways if you study and apply the Absolute Truth Exposed in this book. Nearly everyone has or will have an autoimmune disease because the list of several dozen diseases seems endless. Doctors and their patients who are suffering from rheumatoid arthritis, Crohns disease, ulcerative colitis, asthma, multiple sclerosis, lupus, and other autoimmune diseases have observed the cycles between periods of activity called flares and periods of calm called remissions, but they have failed to discover the truth behind the cause of these diseases and the reason for the cycling. I have exposed the absolute truth about these diseases and presents dietary guidelines that will allow sufferers to achieve remission for longer periods of time and avoid many of the painful flares. SPECIAL UPDATE REPORT Rheumatoid Arthritis, Asthma, Lupus, MS, PCOS, and Dozens of Other Autoimmune Diseases New research has found that a megadose of omega-3 fatty acids produces better autoimmune disease suppression than one tablespoon of Carlsons Lemon Flavored Cod Liver Oil per day as recommended in the book. Even though the book recommends three times the amount listed on the bottle (one teaspoon or 1, 100mg), the amount should be increased if the disease is not responding. The recommended megadose is one tablespoon three times a day with a meal (three tablespoons per day, 9, 900 mg, or 9. 9 grams). Reports have confirmed that the higher dosage provides a very positive reduction in the symptoms of arthritis, asthma, lupus erythematosus, multiple sclerosis, Crohns, inflammatory bowel, diverticulosis, fissures, fistulas, ulcers, interstitial cystitis, polycystic ovarian syndrome, psoriasis, and dozens of other autoimmune diseases. You...



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