



My Tired Brain A Childs Journey to Understanding Sleep Apnea

By Angela Deal

Angela Deal. Paperback. Condition: New. Brandon Smith (illustrator). 32 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. Take a journey with a young boy and his parents as they gain a deeper understanding of his emotional and behavioral struggles. As a family they learn he has pediatric sleep apnea which leaves his brain incredibly tired each day. Too tired to help him to share his feelings well, or have strong control over his impulses. Through a child's point of view you will come to understand how he faces the challenges of obtaining a diagnosis and mastering the use of a CPAP machine. His imagination is a great benefit to him and leads him to success! Tips for parents as they assist their own child through a sleep study and consistent use of a CPAP are included as well as special photos of children with their own CPAP masks. A helpful tool for any family who shares this diagnosis! This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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