

My Calorie Counter: Complete Nutritional Information on More Than 8,000 Food Items from Popular Brands, Fast-Food Chains, Restaurant Menus, and Common Groceries



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Reviews

Absolutely among the best book We have ever study. It is actually writter in easy words instead of hard to understand. I found out this publication from my i and dad encouraged this book to find out.
(Kristina Rippin)

MY CALORIE COUNTER: COMPLETE NUTRITIONAL INFORMATION ON MORE THAN 8,000 FOOD ITEMS FROM POPULAR BRANDS, FAST-FOOD CHAINS, RESTAURANT MENUS, AND COMMON GROCERIES

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